



Patient Name: \_\_\_\_\_ DOB: \_\_\_ / \_\_\_ / \_\_\_  
 Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Email: \_\_\_\_\_ Diagnosis: \_\_\_\_\_ ICD-10: \_\_\_\_\_  
 Onset or Surgery Date: \_\_\_\_\_ Precautions: \_\_\_\_\_  
 Clinic / Location Preference: \_\_\_\_\_

**Workers' Compensation information:**

DOI: \_\_\_\_\_ Claim number: \_\_\_\_\_

**REFERRAL FOR (CHECK ONE):**

- PT (Physical Therapy)** Evaluate & treat per therapist discretion  
 **OT/CHT (Hand Therapy)** Evaluate & treat per therapist discretion  
 **RDN (Dietitian)**  **LMT (Massage)**  
 **Work Comp**

**SPECIALTY THERAPIES (available at select clinics):**

PLEASE VERIFY LOCATION WHEN SCHEDULING

**ORTHOPEDIC THERAPY**

- AlterG® Anti-Gravity Treadmill™** ○ Arlington ○ Lakeland Hills
- Aquatic Therapy** ○ Puyallup-Meridian
- ASTYM** ○ Auburn-Lakeland Hills ○ Auburn ○ Burien ○ Woodinville
- Blood Flow Restriction (BFR)**
- Custom Orthotic: Foot** ○ Arlington ○ Auburn ○ Lakeland Hills  
○ Lake Stevens ○ Marysville ○ Mercer Island ○ North Bend
- Custom Orthosis/Splint: Hand** (all Hand clinics)
- Hand Therapy** (all Hand clinics)
- Manual Therapy**
- Orthopedic Physical Therapy** (all PT clinics)
- Prosthesis Prehab / Rehabilitation**
- Sport Specific Rehab:** \_\_\_\_\_
- Other:** \_\_\_\_\_

**SPECIALTY THERAPIES**

- Dry Needling** ○ Bellingham ○ Kirkland ○ Northgate  
○ Sedro-Woolley ○ South Lake Union
- Lymphedema** ○ Mount Vernon ○ Puyallup-Meridian ○ Kirkland
- Massage** ○ Lake Stevens ○ Mount Vernon
- Pelvic Health: Male / Female**
- TMJ Disorder Therapy**
- Vestibular Rehabilitation**
- Other:** \_\_\_\_\_

Services vary by clinic.

**WELLNESS SERVICES:**

- Medical Nutrition Therapy (MNT)** ○ Virtual ○ In-Person
- Nutrition Counseling** ○ Virtual ○ In-Person
- Pre-Surgical Optimization / Wellness**
- Strength & Conditioning**
- Wellness Program** ○ Arlington ○ Auburn-Lakeland Hills ○ Lake Stevens
- Other:** \_\_\_\_\_

**WORK REHABILITATION**

- FUNCTIONAL CAPACITY EVALUATION (FCE)**  
○ Mount Vernon ○ Puyallup-Meridian
- WORK CONDITIONING - physical & functional conditioning focused on basic material handling maneuvers, body, mechanics & education**  
○ Auburn ○ Bellingham ○ Burlington ○ Mount Vernon ○ Northgate  
○ Puyallup-Meridian ○ Redmond
- WORK HARDENING - goal oriented program, focused on work simulation & increasing tolerances to a full 8-hour day**  
○ Mount Vernon ○ Puyallup-Meridian

**Notes:** \_\_\_\_\_

**TREATMENT FREQUENCY** \_\_\_\_\_ **visits for** \_\_\_\_\_ **weeks.** **RECHECK DATE:** \_\_\_ / \_\_\_ / \_\_\_  
**Referring Provider Signature: X** \_\_\_\_\_ **Date:** \_\_\_ / \_\_\_ / \_\_\_  
**Provider Name (print):** \_\_\_\_\_ **Phone:** \_\_\_\_\_  
**Email:** \_\_\_\_\_ **Fax:** \_\_\_\_\_



# LOCATIONS

## ARLINGTON

103 E. 3rd St., Ste. 200  
P: 360.363.4246 | F: 360.925.6342

## AUBURN

801 Auburn Way North, Ste. E  
P: 253.736.2340 | F: 253.736.2343

## AUBURN - LAKELAND HILLS

1620 Lake Tapps Pkwy. E, Ste. 115  
P: 253.939.7179 | F: 253.939.7182

## BELLEVUE (PT/HAND)

11711 NE 12th St., Ste. 3A  
P: 425.454.1405 | F: 425.635.9340

## BELLEVUE - CROSSROADS

1299 156th Ave. NE Ste. 125  
P: 425.502.7081 | F: 425.679.6902

## BELLINGHAM

814 Dupont St.  
P: 360.671.2900 | F: 360.671.2828

## BOTHELL

19110 Bothell Way NE, Ste. 203  
P: 425.939.2806 | F: 425.939.0732

## BURIEN (PT/HAND)

275 SW 160th St., Ste. 105  
P: 206.513.2155 | F: 206.513.2886

## BURLINGTON

135 W Fairhaven Ave.  
P: 360.755.9111 | F: 360.755.1320

## KIRKLAND

12910 Totem Lake Blvd. NE, Ste. 105  
P: 425.823.8631 | F: 425.814.4731

## LAKE STEVENS

925 Frontier Cir. E, Ste. 100  
P: 425.377.1290 | F: 425.377.1169

## LYNNWOOD

19217 36th Ave W, Ste. 102  
P: 425.670.9991 | F: 425.670.9995

## MARYSVILLE - SMOKEY POINT

17020 Twin Lakes Ave., Ste. C101  
P: 360.658.8400 | F: 360.658.2606

## MERCER ISLAND

7900 SE 28th St., Ste. 102  
P: 206.232.9045 | F: 206.232.8871

## MOUNT VERNON

110 N LaVenture Rd., Ste. A  
P: 360.428.2700 | F: 360.428.2701

## NORTH BEND

400 Main Ave. S  
P: 425.888.1156 | F: 425.888.6167

## PUYALLUP - MERIDIAN

1707 3rd St. SE  
P: 253.841.3041 | F: 253.841.3061

## PUYALLUP - SUMMIT (PT/HAND)

3801 5th St. SE, Ste. 220  
P: 253.445.4258 | F: 253.445.4724



## PUYALLUP - SUNRISE

17528 Meridian Ave. E, Ste. 205  
P: 253.256.4807 | F: 253.256.4809

## REDMOND

15600 Redmond Way NE, Ste. 100  
P: 425.883.9089 | F: 425.869.1355

## SEATTLE - NORTHGATE

(PT/HAND)    
10564 5th Ave. NE, Ste. 205  
P: 206.367.6477 | F: 206.502.1027

## SEATTLE - SOUTH LAKE UNION

1000 Dexter Ave. N, Ste. 320  
P: 206.486.3344 | F: 206.832.4733

## SEATTLE - UNIVERSITY DISTRICT

906 NE 45th St.  
P: 206.347.0414 | F: 206.502.1010

## SEDRO-WOOLLEY

709 Cook Rd.  
P: 360.873.8191 | F: 360.873.8196

## WOODINVILLE (PT/HAND)

14229 NE Woodinville Duvall Rd.,  
Ste. 025  
P: 425.658.0110 | F: 425.658.5310

### All Locations:

**TAX ID: 81-3211599**

**NPI#: 1780037689**



**SCAN FOR ALL  
OUR LOCATIONS**