



Patient Name: _____ **DOB:** ___ / ___ / ___

Home Phone: _____ **Work Phone:** _____ **Cell:** _____

Email: _____ **Diagnosis:** _____ **ICD-10:** _____

Onset or Surgery Date: _____ **Precautions:** _____

Clinic / Location Preference: _____

Workers' Compensation information:

DOI: _____ **Claim number:** _____

REFERRAL FOR (CHECK ONE):

- PT (Physical Therapy)** Evaluate & treat per therapist discretion
- OT/CHT (Hand Therapy)** Evaluate & treat per therapist discretion
- RDN (Dietitian)** **LMT (Massage)**
- Work Rehabilitation**

SPECIALTY THERAPIES (available at select clinics):

PLEASE VERIFY LOCATION WHEN SCHEDULING

ORTHOPEDIC THERAPY

- AlterG® Anti-Gravity Treadmill™** Arlington Auburn-Lakeland Hills
- Aquatic Therapy** Puyallup-Meridian
- ASTYM** Auburn-Lakeland Hills Auburn
 - Burien Redmond Woodinville
- Blood Flow Restriction (BFR)**
- Custom Orthotic: Foot** Arlington Auburn Lake Stevens
 - Marysville Mercer Island
- Custom Orthosis/Splint: Hand** Bellevue Burien
 - Puyallup-Summit Redmond Seattle-Northgate Woodinville
- Hand Therapy** (all Hand clinics listed on the back side of the page)
- Manual Therapy** (all PT clinics)
- Orthopedic Physical Therapy** (all PT clinics)
- Prosthesis Prehab / Rehabilitation**
- Sport Specific Rehab:** _____
- Other:** _____

SPECIALTY THERAPIES

- Dry Needling** Northgate Sedro-Woolley South Lake Union
 - Woodinville
- Massage** Bellingham Burlington Lake Stevens Mount Vernon
 - Sedro-Woolley
- Pelvic Health: Male / Female**
- TMJ Disorder Therapy**
- Vestibular Rehabilitation**
- Other:** _____

WELLNESS SERVICES:

- Medical Nutrition Therapy (MNT)** Virtual In-Person
- Nutrition Counseling** Virtual In-Person
- Pre-Surgical Optimization / Wellness**
- Strength & Conditioning**
- Wellness Program** Arlington Auburn-Lakeland Hills Lake Stevens
- Other:** _____

WORK REHABILITATION

- FUNCTIONAL CAPACITY EVALUATION (FCE)**
 - Mount Vernon
- WORK CONDITIONING - physical & functional conditioning focused on basic material handling maneuvers, body, mechanics & education**
 - Auburn Bellingham Burlington Mount Vernon
 - Northgate Puyallup-Meridian
- WORK HARDENING - goal oriented program, focused on work simulation & increasing tolerances to a full 8-hour day**
 - Mount Vernon

Services vary by clinic.

Notes: _____

TREATMENT FREQUENCY _____ **visits for** _____ **weeks.** **RECHECK DATE:** ___ / ___ / ___

Referring Provider Signature: X _____ **Date:** ___ / ___ / ___

Provider Name (print): _____ **Phone:** _____

Email: _____ **Fax:** _____

LOCATIONS

ARLINGTON

103 E. 3rd St., Ste. 200
P: 360.363.4246 | F: 360.925.6342

AUBURN

801 Auburn Way North, Ste. E
P: 253.736.2340 | F: 253.736.2343

AUBURN - LAKELAND HILLS

1620 Lake Tapps Pkwy. E, Ste. 115
P: 253.939.7179 | F: 253.939.7182

BELLEVUE (PT/HAND)

11711 NE 12th St., Ste. 3A
P: 425.454.1405 | F: 425.635.9340

BELLEVUE - CROSSROADS

1299 156th Ave. NE Ste. 125
P: 425.502.7081 | F: 425.679.6902

BELLINGHAM

814 Dupont St.
P: 360.671.2900 | F: 360.671.2828

BOTHELL

19110 Bothell Way NE, Ste. 203
P: 425.939.2806 | F: 425.939.0732

BURIEN (PT/HAND)

275 SW 160th St., Ste. 105
P: 206.513.2155 | F: 206.513.2886

BURLINGTON

135 W Fairhaven Ave.
P: 360.755.9111 | F: 360.755.1320

KIRKLAND

12910 Totem Lake Blvd. NE, Ste. 105
P: 425.823.8631 | F: 425.814.4731

LAKE STEVENS

925 Frontier Cir. E, Ste. 100
P: 425.377.1290 | F: 425.377.1169

LYNNWOOD

19217 36th Ave W, Ste. 102
P: 425.670.9991 | F: 425.670.9995

MARYSVILLE - SMOKEY POINT

17020 Twin Lakes Ave., Ste. C101
P: 360.658.8400 | F: 360.658.2606

MERCER ISLAND

7900 SE 28th St., Ste. 102
P: 206.232.9045 | F: 206.232.8871

MOUNT VERNON

110 N LaVenture Rd., Ste. A
P: 360.428.2700 | F: 360.428.2701

NORTH BEND

400 Main Ave. S
P: 425.888.1156 | F: 425.888.6167

PUYALLUP - MERIDIAN

1707 3rd St. SE
P: 253.841.3041 | F: 253.841.3061

PUYALLUP - SUMMIT (PT/HAND)

3801 5th St. SE, Ste. 220
P: 253.445.4258 | F: 253.445.4724

REDMOND (PT/HAND)

15600 Redmond Way NE, Ste. 100
P: 425.883.9089 | F: 425.869.1355

SEATTLE - NORTHGATE (PT/HAND)

10564 5th Ave. NE, Ste. 205
P: 206.367.6477 | F: 206.502.1027

SEATTLE - SOUTH LAKE UNION

1000 Dexter Ave. N, Ste. 320
P: 206.486.3344 | F: 206.832.4733

SEATTLE - UNIVERSITY DISTRICT

906 NE 45th St.
P: 206.347.0414 | F: 206.502.1010

SEDRO-WOOLLEY

709 Cook Rd.
P: 360.873.8191 | F: 360.873.8196

WOODINVILLE (PT/HAND)

14229 NE Woodinville Duvall Rd., Ste. 025
P: 425.658.0110 | F: 425.658.5310

All Locations:

TAX ID: 81-3211599

NPI#: 1780037689



SCAN FOR ALL
OUR LOCATIONS