



Physical Therapy & Healthcare Specialists



COMMERCIAL



MEDICARE



MVA



L&I

CENTRAL SCHEDULING:

Phone 844.708.7982

Fax 425.968.1454

Email info@retptgroup.com

Chat www.retptgroup.com

Patient Name: _____ DOB: ____ / ____ / ____

Home Phone: _____ Work Phone: _____ Cell: _____

Email: _____ **DIAGNOSIS:** _____ **ICD-10:** _____

Onset or Surgery Date: _____ Precautions: _____

Clinic / Location Preference: _____

**Physicians: Please complete the highlighted section.*

Workers' Compensation information:

DOI: _____ Claim number: _____

REFERRAL FOR (CHECK ONE):



PT (Physical Therapy)

Evaluate & treat per therapist discretion



OT/CHT (Hand Therapy)

Evaluate & treat per therapist discretion



RDN (Dietitian)



LMT (Massage)



Work Rehabilitation

SPECIALTY THERAPIES (available at select clinics):

PLEASE VERIFY LOCATION WHEN SCHEDULING

ORTHOPEDIC THERAPY

- ☐ **AlterG® Anti-Gravity Treadmill™** ☐ Arlington ☐ Auburn-Lakeland Hills
- ☐ **Aquatic Therapy** ☐ Puyallup-Meridian
- ☐ **ASTYM** ☐ Auburn-Lakeland Hills ☐ Bothell ☐ Burien ☐ Redmond ☐ Woodinville
- ☐ **Blood Flow Restriction (BFR)**
- ☐ **Custom Orthotic: Foot** ☐ Arlington ☐ Auburn-Lakeland Hills ☐ Lake Stevens ☐ Marysville ☐ Mercer Island
- ☐ **Custom Orthosis/Splint: Hand** ☐ Bothell ☐ Burien ☐ Puyallup-Summit ☐ Redmond ☐ Seattle-Northgate ☐ Woodinville
- ☐ **Hand Therapy** (all Hand clinics listed on the back side of the page)
- ☐ **McKenzie Method** ☐ Lynnwood ☐ Mercer Island
- ☐ **Manual Therapy** (all PT clinics)
- ☐ **Orthopedic Physical Therapy** (all PT clinics)
- ☐ **Prosthesis Prehab / Rehabilitation**
- ☐ **Sport Specific Rehab:** _____
- ☐ **Other:** _____

SPECIALTY THERAPIES

- ☐ **Dry Needling** ☐ Arlington ☐ Kirkland ☐ Lake Stevens ☐ Lynnwood ☐ Puyallup-Meridian ☐ Sedro-Woolley ☐ South Lake Union ☐ Woodinville
- ☐ **Lymphedema** ☐ Puyallup-Summit
- ☐ **Massage** ☐ Bellingham ☐ Burlington ☐ Lake Stevens ☐ Mount Vernon ☐ Sedro-Woolley
- ☐ **Pelvic Health: Male / Female**
- ☐ **TMJ Disorder Therapy**
- ☐ **Vestibular Rehabilitation**
- ☐ **Other:** _____

WELLNESS SERVICES:

- ☐ **Medical Nutrition Therapy (MNT)** ☐ Virtual ☐ In-Person
- ☐ **Nutrition Counseling** ☐ Virtual ☐ In-Person
- ☐ **Pre-Surgical Optimization / Wellness**
- ☐ **Strength & Conditioning**
- ☐ **Wellness Program** ☐ Arlington ☐ Auburn-Lakeland Hills ☐ Lake Stevens
- ☐ **Other:** _____

WORK REHABILITATION

- ☐ **FUNCTIONAL CAPACITY EVALUATION (FCE)** ☐ Mount Vernon
- ☐ **WORK CONDITIONING - physical & functional conditioning focused on basic material handling maneuvers, body, mechanics & education** ☐ Auburn ☐ Bellingham ☐ Burlington ☐ Mount Vernon ☐ Northgate ☐ Puyallup-Meridian
- ☐ **WORK HARDENING - goal oriented program, focused on work simulation & increasing tolerances to a full 8-hour day** ☐ Mount Vernon

Services vary by clinic.

Notes: _____

TREATMENT FREQUENCY _____ **visits for** _____ **weeks.**

RECHECK DATE: ____ / ____ / ____

Referring Provider Signature: X _____ **Date:** ____ / ____ / ____

Provider Name (print): _____ **Phone:** _____

Email: _____ **Fax:** _____



LOCATIONS



RET

Physical Therapy &
Healthcare Specialists

ARLINGTON

103 E. 3rd St., Ste. 200
P: 360.363.4246 | F: 360.925.6342

AUBURN

801 Auburn Way North, Ste. E
P: 253.736.2340 | F: 253.736.2343

AUBURN - LAKELAND HILLS

1620 Lake Tapps Pkwy. SE, Ste. 115
P: 253.939.7179 | F: 253.939.7182

BELLEVUE - CROSSROADS

1299 156th Ave. NE Ste. 125
P: 425.502.7081 | F: 425.679.6902

BELLINGHAM

814 Dupont St.
P: 360.671.2900 | F: 360.671.2828

BOTHELL

19110 Bothell Way NE, Ste. 203
P: 425.939.2806 | F: 425.939.0732

BURIEN (PT/HAND)

275 SW 160th St., Ste. 105
P: 206.513.2155 | F: 206.513.2886

BURLINGTON

135 W Fairhaven Ave.
P: 360.755.9111 | F: 360.755.1320

KIRKLAND

12910 Totem Lake Blvd. NE, Ste. 105
P: 425.823.8631 | F: 425.814.4731

LAKE STEVENS

925 Frontier Cir. E, Ste. 100
P: 425.377.1290 | F: 425.377.1169

LYNNWOOD

19217 36th Ave W, Ste. 102
P: 425.670.9991 | F: 425.670.9995

MARYSVILLE - SMOKEY POINT

17020 Twin Lakes Ave., Ste. C101
P: 360.658.8400 | F: 360.658.2606

MERCER ISLAND

7900 SE 28th St., Ste. 102
P: 206.232.9045 | F: 206.232.8871

MOUNT VERNON

110 N LaVenture Rd., Ste. A
P: 360.428.2700 | F: 360.428.2701

NORTH BEND

400 Main Ave. S
P: 425.888.1156 | F: 425.888.6167

PUYALLUP - MERIDIAN

1707 3rd St. SE
P: 253.841.3041 | F: 253.841.3061

PUYALLUP - SUMMIT (PT/HAND)

3801 5th St. SE, Ste. 220
P: 253.445.4258 | F: 253.445.4724

REDMOND (PT/HAND)

15600 Redmond Way NE, Ste. 100
P: 425.883.9089 | F: 425.869.1355

SEATTLE - NORTHGATE (PT/HAND)

10564 5th Ave. NE, Ste. 205
P: 206.367.6477 | F: 206.502.1027

SEATTLE - SOUTH LAKE UNION

1000 Dexter Ave. N, Ste. 320
P: 206.486.3344 | F: 206.832.4733

SEATTLE - UNIVERSITY DISTRICT

906 NE 45th St.
P: 206.347.0414 | F: 206.502.1010

SEDRO-WOOLLEY

709 Cook Rd.
P: 360.873.8191 | F: 360.873.8196

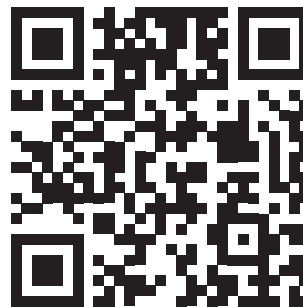
WOODINVILLE (PT/HAND)

14229 NE Woodinville Duvall Rd., Ste. 025
P: 425.658.0110 | F: 425.658.5310

All Locations:

TAX ID: 81-3211599

NPI#: 1780037689



**SCAN FOR ALL
OUR LOCATIONS**